Let’s Talk is a program which provides easy access to clinicians from the UK Counseling Center. This service is available for all currently enrolled UK students who may not need traditional counseling but could still benefit from one-on-one support.

It is free and confidential. Students can meet with a clinician from the Counseling Center for a brief 15 to 20-minute conversation. No appointment is necessary. Clinicians will listen closely to your concerns and offer support, information and referrals.

To learn more about the Counseling Center and Let’s Talk, visit uky.edu/counselingcenter/Letstalk

**WHERE**
The Study North/Jewell Hall
Erikson Hall/Veteran Resource Ctr
Multidisciplinary Sciences, Rm 402
Fine Arts Building, Room 204

**WHEN**
Mondays 2pm-4pm
Tuesdays 12pm-2pm
Wednesdays 3pm-5pm
Thursdays 2pm-4pm

**CONTACT US**
106 Frazee Hall
859-257-8701

**HOURS**
Monday - Friday
8 a.m. - 4:30 p.m.