

Let's Talk



We are here to listen

Let's Talk is a program which provides easy access to clinicians from the UK Counseling Center. This service is available for all currently enrolled UK students who may not need traditional counseling but could still benefit from one-on-one support.

It is free and confidential. Students can meet with a clinician from the Counseling Center for a brief 15 to 20-minute conversation. No appointment is necessary. Clinicians will listen closely to your concerns and offer support, information and referrals.

To learn more about the Counseling Center and Let's Talk, visit uky.edu/counselingcenter/Letstalk

WHERE

The Study North/Jewell Hall
Int'l Center/Bradley Hall room 207
Multidisciplinary Sciences, Rm 402
The 90, room 226

WHEN

Mondays	2pm-4pm
Tuesdays	2pm-4pm
Wednesdays	3pm-5pm
Thursdays	1pm-3pm

CONTACT US

106 Frazee Hall
859-257-8701

HOURS

Monday - Friday
8 a.m. - 4:30 p.m.