The goal of academic advising is to help students recognize their skills, strengths, weaknesses, and interests and relate them to their academic goals. With direction from their advisor, students will learn to accept overall responsibility for their education.

**what students do:**
1. Meet with their academic advisor on a regular basis *(at least once per semester)*
   - Students should be prepared to discuss their academics and attend meetings on-time
2. Read their uky email daily to stay informed on advising and academic matters
   - When contacting advisors via email, students are expected to use their uky account
3. Understand general requirements of their degree by planning courses prior to appointments and monitoring progress to graduation
4. Work with advisors to find internships, study abroad programs, and other experiences that complement their overall academic and career goals

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**what advisors do:**
1. Offer guidance that clarifies students’ options, goals, potential and develops a greater sense of self-awareness
2. Help students understand the nature and purpose of a college education
3. Maintain confidentiality per University of Kentucky and federal guidelines
4. Provide accurate information about academic options, requirements, policies and procedures
5. Assist students’ degree planning and monitor/evaluate their academic progress
6. Connect students with campus resources, if necessary

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**advisors do not:**
- Pick out classes for students
- Direct students to “easy” classes
- Remind students about upcoming exams
- Give students candy and snacks *(NOT COMPLETELY TRUE)*

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**CHECK: READ. YOUR. EMAIL!!!!**
We really can’t say it enough. In college, and most careers, email is the primary form of communication. It is in students’ best interests to manage their email by connecting their uky account to their mobile device(s) and reading through messages daily. Those who do not read email are those students who miss out on scholarships, advising information, cool internship opportunities, special events and much more.

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**WE KEEP IT SHORT AND SWEET**
Once a week throughout the school year, we send a “College Weekly” email that includes brief, but important, information.

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**CONNECT WITH US ON SOCIAL MEDIA**
Follow the college on Twitter, Facebook and Instagram to keep up with events, deadlines and other information: @UKAgriculture
Attend the College of Ag, Food and Environment College Meeting (during K Week) where you’ll connect with other students, faculty and advisors.

Learn about the academic resources available and seek them out, when needed. To see a full list, visit www.uky.edu/grow and click “Campus Resources” in the footer of the webpage.

Get involved with at least one student organization. There are more than 30 clubs in the college and hundreds more across campus. Visit www.uky.edu/grow and click “Student Organizations” to learn more.

Visit seeblue.com/handshake and login with your linkblue ID to explore career resources such as job openings, internships, job-related events and more. To schedule an appointment with the college’s Director of Career Development, click “Career Center” at the top of the Handshake homepage.

Set a goal outside of the classroom. Begin planning your study abroad program and attend a UK Education Abroad First Steps Session (Mon/Tues at 4:00 or Wed/Thur at 3:00 in 207 Bradley Hall). OR connect with a local service program through the UK Center for Community Outreach (visit ukcco.org for more info).

CAREER PREPARATION BEGINS A WEEK BEFORE GRADUATION—Exploration and self discovery are a big part of finding an ideal career path. We encourage all students to chat with faculty, advisors and other students about professional goals and learn from others’ experiences. Early internships/part-time work and involvement outside of the classroom are critical to future professional success.

HELP IS NEVER FAR—When questions or concerns come up, all students are encouraged to contact the college’s Center for Student Success:

Phone: (859) 257-3468
Email: grow@uky.edu
Web: www.uky.edu/grow

YOU’RE PART OF A COLLEGE TRADITION—Roundup is one of the college’s oldest events and hosts the largest gathering of alumni on campus. This college-wide, three-day event ends with a big blue football tailgate scheduled over UK Family Weekend - creating an ideal visit for mom, dad and the entire crew!